



HEART MEDITATION

Experience the Miraculous Life Changing Power of the Heart

**You will not only find yourself
Relaxed, Regenerated and Rejuvenated,
You will discover a Deep Silence and Wisdom in You.
Leave Enlightened, Directed, Clear, and Enlivened ...
*Ready for life!***

JOIN US

**Thursday September 26th to October 17th , 6:45 -8:00 PM
My Health Sanctuary, 32 Lorward Av Bardon**

Facilitated by Ramona Webster, Certified Heart Instructor

Cost: \$60 for 4 sessions. Renewable after 4 sessions

For information or to register: Contact Ramona at 0421 197 133

*Offered by Programs of the Heart, Inc. USA
Bringing the 'Wonders of the Heart' to the world for over 25 years*